

Triennial Assessment Tool			
Date of Assessment: 5/6/21		Name of School District: Thomas Co.	
		Number of Schools in District: 7	
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Completed	7	<ul style="list-style-type: none"> ● Nutrition education is part of the health curriculum in each grade level. ● Students K-5 participate in the Live Better Curriculum via Archbold Hospital including Try Days/Super Foods ● Students at HNH participate in Healthy Habits Day/Plate Day
2. Nutrition and health/wellness information is made available to all stakeholders.	Completed	7	<ul style="list-style-type: none"> ● School wellness information is shared with staff via email, monthly newsletter, district webpage, and Instagram account ● Health & Wellness tips are included on morning announcements at TCCHS ● Through the Live Better initiative, students and families are informed of the Super Food of the month ● Live Better's Wednesday Wellness tips are shared with Elementary School Principals to share at their schools

<p>3. The nutrition department seeks to implement a Farm to School initiative focused on serving locally grown foods that is supported through nutrition education at the school level.</p>	<p>Completed</p>	<p>7</p>	<p>The school system will implement at least four of the following Farm to School activities:</p> <ul style="list-style-type: none"> ● Local and/or regional products are incorporated into the school meal program; ● Messages about agriculture and nutrition are reinforced throughout the learning environment; ● One or more school hosts a school garden; ● One or more school hosts field trips to local farms; and ● One or more school utilizes promotions or special events, such as tastings, that highlight the local/ regional products.
<p>Nutrition Promotion Goal(s):</p>	<p>Goal Status (select one):</p>	<p>Number of Compliant Schools:</p>	<p>Notes:</p>
<p>1. The nutrition department actively promotes healthy breakfast and lunch options. In SY20-21 meals are offered in the classroom, the cafeteria, and through weekly distributions to remote/virtual learners.</p>	<p>Completed</p>	<p>7</p>	<ul style="list-style-type: none"> ● Website, social media, parent portal, teacher email, TV slides at TCCHS ● News 4 You (TCCHS) and menu on morning announcements at other schools ● Posters and Print Material in cafeterias

Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
			<ul style="list-style-type: none"> Participate in National School Breakfast and Lunch Week activities
1. Elementary schools offer recess daily	Completed	4	HNH - 30 minutes daily GP - 20 minutes daily CC - 15 minutes daily TCMS (5/6) - 15 minutes daily
2. Extra-curricular physical activity programs are available to students at the middle school and high school levels	Completed	2	TCMS and TCCHS offer a wide array of cheer, dance, and sport offerings to students
3. Staff will seek to enhance personal physical activity levels through district wellness program	Completed	7	<ul style="list-style-type: none"> Physical Activity challenges created to motivate and encourage physical activity among staff Actively partnering with local YMCA branch to increase offerings for staff in physical activity programs throughout the year Promote physical activity via webpage, Instagram, and newsletters
Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Provide information about physical education and other school based activity programs	Completed	7	<ul style="list-style-type: none"> Live Better Power Moves cards distributed to K-5 students Fitnessgram information sent home to students (4-12)

2. Schools will promote morning activity programs for students; SY20-21 programs are suspended	Completed	5	HNH - Yoga GP/CC - Morning Mile TCMS/TCCHS - Intramurals
3. Staff will work to incorporate movement and activity into daily class routines	Completed	7	HNH - Buzz Walks/Go Noodle GP - Brain Breaks/Go Noodle CC - Brain Breaks/Go Noodle TCMS - Health classes introducing Recreation Sports/Lifetime Activities TCCHS - encourage activity between classes BH - supplementing academic lessons with kinesthetic learning Path - offering physical activity opportunities to students throughout the day RC – Recess/PE offered; additional recess for positive behavior
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Only Smart Snacks will be sold in vending machines and school store; SY20-21 School Store is not operating	Completed	2	<ul style="list-style-type: none"> ● Met with Coke rep and school store sponsors to clearly outline Smart Snack policies (2019) ● Disseminated informational material related to Smart Snack policies (USDA guide, calculator)

<p>2. Fundraisers on school campuses</p>	<p>Completed</p>	<p>7</p>	<ul style="list-style-type: none"> ● School fundraising shall be encouraged to offer healthy food choices or non-food items. (i.e., healthy food choices: fruit baskets, fruit smoothie mix, whole wheat pasta and sauce kits, or non-food items: coupon books, gift wrap, cookbooks, etc.) ● Thomas County Schools require that all food fundraising sold during the school day (Midnight to 30 minutes after school dismissal), must meet the fundraising requirements of the Smart Snack regulation set forth by the Healthy Hunger Free Kids Act (HHFKA) of 2010. ● Exempted Fundraisers: The HHFKA and GaDOE guidelines allow for special exemptions for the purpose of conducting infrequent school-sponsored fundraisers during which foods that do not meet the nutrition standards for Smart Snacks may be sold. ● Fundraising food sales are not allowed during meal service except for TCCHS
--	------------------	----------	--

			School Store at breakfast, when operating
3. School Store will not compete with nutritional program at TCCHS	Completed	1	<ul style="list-style-type: none"> School store will not be open during any lunch period School store will only sell Smart Snack compliant items during breakfast (and the remainder of the school day)
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Staff is encouraged to provide either Smart Snack compliant options or non-food rewards to students	Completed	7	<ul style="list-style-type: none"> Principals will be provided with the CDC's <i>Tips for Teachers</i> poster for ideas on healthy rewards and celebrations The Thomas County Elementary Schools' handbook includes a list of suggested healthy snacks to send as class snacks or for a class party Thomas County School Nutrition will market Smart Snack compliant foods for use in school celebrations
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:

This institution is an equal opportunity provider.

August 2019

1. All schools shall ensure that competitive foods and beverages meet at a minimum the Nutritional Standards for All Foods Sold in Schools as required by the Healthy Hunger Free Kids Act of 2010	Completed	7	Met with school store sponsors to educate on nutritional standards
Other School Wellness Goals	Status (select one):	Number of Compliant Schools:	Notes:
1. Staff Wellness is valued and efforts to achieve and maintain a healthy lifestyle are supported	Completed	7	<ul style="list-style-type: none"> ● District wide health challenges and initiatives are offered to address a comprehensive health approach ● Monthly newsletter highlights health topics and promotes a healthy lifestyle ● Mental Health Awareness Training delivered via Compliance Director to all district employees ● Pathways and district counselors receive training in mental health awareness provided by SW RESA
2. Schools will adopt and adhere to COVID-19 precautionary guidelines	Completed	7	<ul style="list-style-type: none"> ● Temperature screens for all students ● Sick/Isolation room protocols ● Family communication re: isolation and quarantine established ● Bottled water & reusable water bottles provided to students ● Masks provided to students and staff

This institution is an equal opportunity provider.

August 2019

			<ul style="list-style-type: none"> ● Traditional, Remote, and Virtual learning options available for students
3. The School Based Health Clinic is marketed to students who do not have a primary healthcare provider.	Completed	7	<ul style="list-style-type: none"> ● Clinic is marketed on district webpage ● Information tables available at Open House and other school events
4. Continue partnership with Thomas County Health Department to conduct Flu Clinic, scoliosis screening, and other health interventions	Completed	7	<ul style="list-style-type: none"> ● Flu Clinic is offered annually ● Consent forms are available in paper, online, and via Infinite Campus messenger email. ● One Call is utilized to further increase participation ● Regardless of provider, staff offered ½ day off for receiving vaccine
5. Continue partnership with Help a Child Smile Dental program	Completed	7	
6. Grow new partnership with Archbold to provide more supports for Student-Athletes	Completed	7	<ul style="list-style-type: none"> ● Certified athletic trainer on TCCHS campus during school day ● Collaboration with Archbold nutritionist regarding dietary needs ● Access to Archbold physical therapists and orthopedists ● Assist with purchasing of supplements, as needed

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

7. Continued partnerships with families and within the community	Completed	7	<ul style="list-style-type: none"> ● Live Better partnership (K-5) ● YMCA kids classes advertised ● Family encouraged to attend school-sponsored health initiatives
Key			
Completed	select if you have met this goal at all schools		
Partially Completed	select if one or more schools has met this goal		
In Progress	select if you are working on the goal, but none of the schools have met the goal		
Not Completed	select if you have not begun working on this goal		

This institution is an equal opportunity provider.
August 2019



Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
Dee Gaines	Principal, HnH	
Amy Robinson	Principal, GP	
Jamie Thompson	Principal, CC	
Clay Stanaland	Principal, TCMS	
Trista Jones	Principal, TCCHS	
Chris Huckans	Principal, BH	
Richard Potter	Principal, RC	
Susan Weakland	Director, Pathways	
Wellness Committee Involvement <i>List of committee members names</i>	Organization	Notes:
Sara Chew, WIC Nutritionist	GaDPH	
Greer Cox, Branch Director	YMCA	
Laura Daughtry, Receptionist	CC	
Philip Duplantis, AD	TCCHS	
Lisa Guyton, H/PE	GP	
Scott James, Associate Superintendent	TC Schools	
Ashley Lane, Assistant Principal	GP	
Jeanna Mayhall, Coordinator	Path	
Rhonda Melton, Health	CC	
Blakely Morris, Lead Nurse	GP/TC Schools	
Tara Parker, Cafeteria Manager	GP	
Brecca Pope, Dir. of Admin. Services	TC Schools	
Tammy Shealey, Guidance Counselor	TCCHS	
Carolyn Simmons, County Nurse Manager	GaDPH	
Ben Smith, PA	McIntosh Clinic/FSU	

This institution is an equal opportunity provider.
August 2019



Leah Smith, School Board Member	TC BOE	
Sheri Stewart, SBHC Liaison	TC Schools	
Hannah Taylor, H/PE	HnH	
Lee Taylor, H/PE	TCMS	
Misty Taylor, Parent Involvement Coordinator	GP	

Public Notification <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Webpage	Annually	
2.		
3.		
4.		
5.		

Optional Summary Report of Triennial Assessment *(include a summary of the extent to which schools are in compliance with the wellness policy, the extent to which the wellness policy compares to model wellness policies, and a description of the progress made in attaining the goals of the wellness policy):*